

Bowolitch (H. P.)



01

# **MALES.] FOR SUCCESSIVE SETS OF OBSERVATIONS. [** **SEE THE OTHER SIDE.**

Record all linear measurements at nearest centimeter; all weights at nearest kilogram.

Name (or initials), ..... Birthplace, .....

Dates, . . . . .	18	18	18	18	18	18
Age, . . . . . y.m.						
Height, without shoes, c.m.						
Sitting height, . . c.m.						
Finger reach, . . c.m.						
Chest girth, inspire, c.m.						
“ “ expire, c.m.						
Weight, (in ordinary in-door clothes.) kilo.						

Nationality of {
 
 Father, ..... Color of Eyes, ..... Color of Hair, .....  
 Mother, ..... Occupation, (of husband if a married woman), (of  
 Paternal Grandfather, ..... parents if a minor), .....  
 Paternal Grandmother, ..... Name (or initials) of observer,  
 Maternal Grandfather, .....  
 Maternal Grandmother, .....

(This card when filled is to be returned to Sec. of State Board  
of Health, Lunacy and Charity, State House, Boston, Mass.)

**The Height** is to be taken in an upright position, without shoes, the feet being close to the measuring rod. If, in the case of infants, it is necessary to measure in a recumbent position, the fact should be stated.

**The Sitting Height** is the vertical distance between the top of the head and the surface upon which the individual is seated.

**The Finger Reach** is the distance between the tips of the middle fingers when the arms are extended horizontally, the breast and arms being in contact with a wall.

**The Chest Girth** should be taken after a forcible inspiration and also after a forcible expiration, the measuring tape being passed horizontally round the chest on a level with the nipples, over only a single garment. This measurement is to be taken only on men and children.

**The Weight** is to be taken in ordinary in-door costume. In the case of children less than ten years of age it is to be recorded at the nearest tenth of a kilogram.

**The Color of the Eyes** is to be recorded as blue, gray, brown or black.

**The Color of the Hair** is to be recorded as fair, golden, red, brown, black or gray. If gray, record also, if possible, the original color.

**The Nationality** is determined by the place of birth.

**The Occupation** should be given so as to indicate as far as possible the degree of comfort in which the individual lives.

See also article on Anthropometrical Methods, 10th Annual Report, Mass. State Board of Health, 1879, p. 55.

# FEMALES.] FOR SUCCESSIVE SETS OF OBSERVATIONS. [ SEE THE OTHER SIDE.

Record all linear measurements at nearest centimeter; all weights at nearest kilogram.

Name (or initials), ..... Birthplace, .....

Dates, . . . . .	18	18	18	18	18	18
Age, . . . . . y.m.						
Height, without shoes, c.m.						
Sitting height, . . c.m.						
Finger reach, . . c.m.						
Chest girth, inspire, c.m.						
“ “ expire, c.m.						
Weight, (in ordinary in-door clothes,) kilo.						

Nationality of { Father, ..... Color of Eyes, ..... Color of Hair, .....  
 { Mother, ..... Occupation, (of husband if a married woman), (of  
 { Paternal Grandfather, ..... parents if a minor), .....  
 { Paternal Grandmother, ..... Name (or initials) of observer,  
 { Maternal Grandfather, .....  
 { Maternal Grandmother, ..... (This card when filled is to be returned to Sec. of State Board  
 of Health, Lunacy and Charity, State House, Boston, Mass.)

**The Height** is to be taken in an upright position, without shoes, the feet being close to the measuring rod. If, in the case of infants, it is necessary to measure in a recumbent position, the fact should be stated.

**The Sitting Height** is the vertical distance between the top of the head and the surface upon which the individual is seated.

**The Finger Reach** is the distance between the tips of the middle fingers when the arms are extended horizontally, the breast and arms being in contact with a wall.

**The Chest Girth** should be taken after a forcible inspiration and also after a forcible expiration, the measuring tape being passed horizontally round the chest on a level with the nipples, over only a single garment. This measurement is to be taken only on men and children.

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See also article on Anthropometrical Methods, 10th Annual Report, Mass. State Board of Health, 1879, p. 55.

# FEMALES.] FOR A SINGLE SET OF OBSERVATIONS. [ SEE THE OTHER SIDE.

Record all linear measurements at nearest centimeter; all weights at nearest kilogram.

Name (or initials), ..... Age, ..... yrs. .... mos.

Height, without shoes, ..... Sitting height, ..... Finger reach, .....

Chest girth, inspire, .....; expire, ..... Weight, (in ordinary in-door clothes) .....

Father, ..... Color of Eyes, ..... Color of Hair, .....

Mother, ..... Birthplace, .....

Paternal Grandfather, ..... Occupation (of husband if a married

Paternal Grandmother, ..... woman), (of parents if a minor),

Maternal Grandfather, .....

Maternal Grandmother, ..... Name (or initials) of observer,

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Height, without shoes, ..... Sitting height, ..... Finger reach, .....

Chest girth, inspire, .....; expire, ..... Weight, (in ordinary in-door<sup>\*</sup>  
clothes.) .....

Father, ..... Color of Eyes, ..... Color of Hair, .....

Mother, ..... Birthplace, .....

Paternal Grandfather, ..... Occupation (of husband if a married

Paternal Grandmother, ..... woman), (of parents if a minor),

Maternal Grandfather, .....

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